



Grocery List

Sausage Gravy

Meat

1. Pork Sausage with Sage
2. _____
3. _____
4. _____
5. _____

Seafood

1. _____
2. _____
3. _____
4. _____
5. _____

Baking/Spices

1. 1/4 cup (30 g) Flour
2. Ground cloves
3. Pepper
4. Ground nutmeg
5. Italian seasoning

Dry Goods

1. _____
2. _____
3. _____
4. _____
5. _____

Vegetable

1. Onion
2. Fresh parsley
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Fruits

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Snack

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____

More...

1. Coarse kosher salt
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____